



Career Advising & Professional Development (CAPD) is an office resource available to all students at MIT. We support students starting their first year with their career and professional development regardless of interest in academia, research, industry, or non-profit. Our office is located in E17-294.

Visit capd.mit.edu

One-on-One Career Support

Career advisors are available to meet students in-person or through video conference (30 minute to 50 minute appointments) and help with job searches, graduate and professional school application process, and career planning. Topics include:

- Interest, Strength, and Value assessments
- Major selection and career exploration
- Resume/CV/Cover letter development
- Internship/Job search process
- Networking and informational interviewing
- Interview preparation and mock interviews
- Alumni connections and support

Also available are Quick Queries; 15-minute sessions with a CAPD staff member.

Career Workshops & Events

Talks and workshops cover a range of topics, including:

- MIT Future – First-year exclusive workshops
 - Mock Interview Nights
 - Networking 101
 - Upperclassman Panels
 - Career Fair Tips for First-years
 - Major Declaration Decision Making
- Designing Your Life/Career Exploration
- Infinite Careers (Alumni talks)
- Resume Writing

For a list of upcoming workshops, talks and info sessions, visit our website.

Online Resources

Find additional support and information from the CAPD website, including:

- Links to our job/internship listings via CareerBridge
- Schedule of CAPD workshops and events
- Help with self-assessment, choosing a major, or developing a career plan
- Guidance on resumes, CVs, cover letters, portfolios, and LinkedIn
- Online resume feedback tool (VMock)
- Explore careers by researching industries, occupations, and companies
- Interviews and offers, including recruiting guidelines for students
- Support for applying to graduate school, including pre-health and pre-law advising
- Survey data and outcomes from CAPD, including the Graduating Student, Earned Doctorate and the Summer Experience Surveys
- Tips and guidance for working internationally via GoInGlobal

Campus Recruiting

Access to internships and jobs in all industries and geographic locations on MIT's CareerBridge Career Management System.

CAPD also offers different ways to connect with companies all throughout the year. Check the CAPD website for company events, tech talks, and presentations.

Additional Support

- Advisors Hub (alumniadvisors.mit.edu), provided by the Alumni Office provides students with advice and insight from alumni
- Students can order business cards through MIT CopyTech for a fee.

If you or your student needs additional support, contact Erik Pavesic, Assistant Director of First Year Engagement, in CAPD, at epavesic@mit.edu.