10 Ways to Study for Exams

1) Take stock: Make sure you have a sense of your grades so far, so you know which finals to prioritize & how much effort you'll need to put in for each exam.

2) Get organized: Take time to organize your materials from the semester. Separate materials based on unit or portion of the term.

3) Don't wait until the last minute: Cramming the night before is not the way to go! Consciously manage your time & avoid procrastination.

4) Create a study schedule: Plan out group & individual study time each day, & set daily goals. It's easy to waste time without the structure of class & other assignments.

5) Find your ideal student environment: Look for a space with minimal distractions (usually this means leaving your room!). Try libraries, lounges, empty classrooms, the Student Center, or a coffeeshop near campus.

6) Review old materials: Look at your lecture notes, p-sets, & past exams to review key concepts & identify what you don’t understand. Redoing practice problems is a great study technique!

7) Create study guides for each subject: Anticipate questions/concepts that will be on the exam. Use diagrams to connect concepts & units.

8) Study with others: If you have a p-set group, schedule a study session with them! Teaching someone else something can be a great study tool.

9) Use your resources: Take advantage of review sessions & study guides/review sheets from instructors. Go to office hours!

10) Take a break: Studying 24/7 isn't feasible OR effective. Breaks will help you refresh & recharge.